SIGNS OF SMA

MY PERSONALIZED DISCUSSION GUIDE

AGE 6-18 MONTHS

Use this guide to help you prepare for discussing your concerns with your doctor. The more information they have the better equipped they will be to provide the best possible care for your baby



☐ WEAK LEGS & ARMS

- My baby's arms and legs are floppy and seem like they lack strength, this is more noticeable in the legs
- They find it hard to support themselves using legs when held, and struggle to stand or walk
- My baby struggles to reach out and grab or pick up toys

Age when symptom was first noticed ..... months

Notes .....



☐ STRUGGLES TO SIT UNSUPPORTED

- When placed sitting upright, my baby struggles to stay still for long and leans forward or to one side
- My baby finds sitting increasingly difficult and needs help

Age when symptom was first noticed ..... months

Notes .....



☐ CAN'T ROLL OVER

- When lying on their back my baby rocks from side-to-side but struggles to roll on to their side, or roll onto their tummy

Age when symptom was first noticed ..... months

Notes .....



☐ SHAKING HANDS

- When holding their arms out they have minor tremors or shakes seen in their fingers or hands

Age when symptom was first noticed ..... months

Notes .....



☐ SLOW OR LOST PHYSICAL DEVELOPMENT

- They are slow to achieve developmental milestones such as sitting without support and these skills may become more difficult over time

Age when symptom was first noticed ..... months

Notes .....

ANY OTHER SYMPTOMS NOTICED

QUESTIONS OR CONCERNS TO ASK MY DOCTOR

CHECKLIST FOR CONSULTATION

- [ ] Consultation booked
- [ ] Completed symptom checklist
- [ ] Videos or photos of symptoms to show doctor
- [ ] Questions listed for doctor

NOTES DURING CONSULTATION

NOVARTIS

This material was developed by Novartis and is intended to aid your discussion with your baby's doctor or care team
GL-UNB-23-0007 V2 | Date of preparation: November 2023.
© 2023 Novartis Gene Therapies, Inc. Bannockburn, IL 60015

#SIGNSOF SMA
signsofSMA.com